

IKE'S LOVE & SANDWICHES

BREADS

- IKE'S WORLD FAMOUS DUTCH [460 CAL]
- FRENCH [460 CAL]
- GLUTEN-FREE [160 CAL]
- SF SOURDOUGH [440 CAL]
- WHOLE WHEAT [410 CAL]

MEAT

- 60. LORD OF THE FLIES (HAWAII EXCLUSIVE) 9. [410 CAL] HAM, PINEAPPLE, BBQ, PROVOLONE
- 98. JAYMEE SIREWICH 12. [1100 CAL] FRIED CHICKEN, IKE'S YELLOW BBQ, RANCH, AMERICAN
- 111. MENGAGE A TROIS 11. [1060 CAL] HALAL CHICKEN, BBQ, HONEY, HONEY MUSTARD, SWISS, AMERICAN, PROVOLONE
- 150. DIRTY RUEBEN 12. [920 CAL] ROAST BEEF, DIRTY DRESSING, PURPLE SLAW, AMERICAN
- 180. GOLLY-ZILLA (HAWAII EXCLUSIVE) 11. [910 CAL] HALAL CHICKEN, PINEAPPLE, TERIYAKI, WASABI MAYO, SWISS
- 201. ADAM RICHMAN 12. [1010 CAL] FRIED CHICKEN, HAM, HONEY, PESTO, SWISS
- 1102. ALAN WONG 12. [400 CAL] ROAST BEEF, HAM, TURKEY, PASTRAMI, GODFATHER SAUCE, PROVOLONE
- 3030. STEPH CURRY 10. [370 CAL] TURKEY, IKE'S YELLOW BBQ, PROVOLONE

CAN YOU FINISH IT?

- 200. THE KRYPTONITE 40. [2070 CAL] (FEEDS 2-4) ROAST BEEF, BACON, TURKEY, HAM, PASTRAMI, MOZZARELLA STICKS, JALAPEÑO POPPERS, ONIONS RINGS, PESTO, PROVOLONE

ADD-ONS

- ★ BACON: 2. [135 CAL]
- ★ CREAM CHEESE/ EXTRA CHEESE: 1. [120-180 CAL]
- ★ CUCUMBERS: 1. [5 CAL]
- ★ PINEAPPLE: 1. [8 CAL]
- ★ GODFATHER SAUCE, HABANERO SAUCE, REAL HONEY: 2. [60-120 CAL]
- ★ BBQ, CRANBERRY, FRENCH, HONEY MUSTARD, ITALIAN, MARINARA, PESTO, RANCH: 1. [60-480 CAL]

MAKE IT A 1/2 LB OF MEAT: 4. (DELI MEAT SANDWICHES. EXCLUDES "CHALLENGE" SANDWICHES) [100-490 CAL]

SUBSTITUTE FRIED CHICKEN: 1. (FOR HALAL CHICKEN) [630 CAL]

FEELING EXTRA DIRTY?
STUFF YOUR SANDWICH WITH:

- ★ STUFFED JALAPEÑO POPPERS, MOZZARELLA STICKS, OR BOTH: 4. [140/180 CAL]
- ★ BEER-BATTERED ONION RINGS/ BEER-BATTERED ZUCCHINI: 2. [50-90 CAL]

FREEBIES

ALL SANDWICHES SERVED HOT UNLESS OTHERWISE SPECIFIED.
SERVED WITH: DIRTY SAUCE [552-586 CAL], LETTUCE [1 CAL], TOMATO [12 CAL]
FREE UPON REQUEST:
RED ONIONS, PICKLES, JALAPEÑOS [5-20 CAL]

VEGGIE

- 36. (YOUR FAVORITE DISNEY CHARACTER) 9. [490 CAL] CREAM CHEESE, PESTO, CUCUMBER, LETTUCE, TOMATO
- 70. MEATLESS MIKE 11. [410 CAL] ("BEST VEGAN MEATBALLS IN AMERICA" -PETA) VEGAN MEATBALLS, MARINARA, PROVOLONE
- 170. NOT SO SLOPPY IKE 11. [620 CAL] ("BEST VEGAN MEATBALLS IN AMERICA" -PETA) VEGAN MEATBALLS, BBQ, AMERICAN
- 547. HERMIONE 9. [340 CAL] ZESTY ORANGE GLAZE, CUCUMBER, LETTUCE, TOMATO, PROVOLONE
- 635. JOE VS THE VOLCANO (HAWAII EXCLUSIVE) 12. [390 CAL] VEGAN FRIED CHICKEN, PINEAPPLE, MARINARA, PROVOLONE
- 699. LANIAKEA (HAWAII EXCLUSIVE) 12. [910 CAL] VEGAN FRIED CHICKEN, PINEAPPLE, TERIYAKI, WASABI MAYO, SWISS
- 717. ALICE INOUE 11. [530 CAL] VEGAN FRIED CHICKEN, RANCH, CUCUMBER, PROVOLONE

SANDWICH CALORIE & FAT NUTRITIONAL INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. SERVING SIZE: ONE FULL SANDWICH