



# IKE'S LOVE & SANDWICHES

9000 MING AVE. SUITE H4 ★ BAKERSFIELD, CA 93311  
IKESBAKERSMARKET@LOVEANDSANDWICHES.COM  
661-412-8588 ★ LOVEANDSANDWICHES.COM

## RIDE OR DIEHARDS (\$11.11)

### MEATS

240. MADISON

BUMGARNER 11.11

(WORLD FOOD CHAMPIONSHIPS, 2012)  
STEAK, IKE'S YELLOW BBQ, SRIRACHA,  
PEPPER JACK, AMERICAN [430 CAL]

481. FRIDAY THE 13TH 11.11

FRIED CHICKEN, MANGO HABANERO, RANCH,  
PEPPER JACK [1030 CAL]

557. NEED FOR SPEED 11.11

(MARKETPLACE EXCLUSIVE)

PASTRAMI, MANGO-HABANERO WING SAUCE,  
PURPLE SLAW, PROVOLONE [740 CAL]

### VEGGIES

219. PILGRIM 11.11

VEGAN TURKEY, CRANBERRY SAUCE,  
SRIRACHA, CHEDDAR [380 CAL]

246. JAMES

& THE GIANT PEACH 11.11

VEGAN FRIED CHICKEN,  
IKE'S YELLOW BBQ, CHEDDAR [470 CAL]

## FIRST TIME? GET THIS! (\$9.99)

### MEATS

111. MENAGE

A TROIS 9.99

('100 THINGS TO EAT BEFORE YOU DIE' -EATER)  
HALAL CHICKEN, HONEY, BBQ, HONEY  
MUSTARD, CHEDDAR, PEPPER JACK,  
SWISS [1060 CAL]

409. HUGH HEFNER 9.99

ROAST BEEF, TURKEY, GODFATHER  
SAUCE, PROVOLONE [430 CAL]

### VEGGIES

70. MEATLESS

MIKE 9.99

('BEST VEGAN MEATBALLS IN AMERICA' -PETA)  
VEGAN MEATBALLS, MARINARA,  
PEPPER JACK [410 CAL]

301. HANDSOME OWL

VEGAN CHICKEN, TERIYAKI, WASABI  
MAYO, SWISS [930 CAL]

## STARVING STUDENTS & CHEAPASSES (\$6.96-\$8.98)

### MEATS

17. BULLDOG 7.97

HALAL CHICKEN, BBQ, CHEDDAR [590 CAL]

129. RANDY HAHN 7.97

HAM, CHEDDAR [300 CAL]

3030. STEPH CURRY 8.98

TURKEY, IKE'S YELLOW BBQ, PROVOLONE  
[370 CAL]

### VEGGIES

161. VEGNEWS 7.97

MUSHROOMS, PESTO, PROVOLONE [340 CAL]

208. GREEN GOBLIN 8.98

VEGAN TURKEY, BBQ, CHEDDAR [500 CAL]

547. HERMIONE 6.96

ZESTY ORANGE GLAZE, CUCUMBER, LETTUCE,  
TOMATO, PROVOLONE [340 CAL]

642. DOOWOP 8.98

(MARKETPLACE EXCLUSIVE)

VEGAN TURKEY, MANGO-HABANERO WING  
SAUCE, AMERICAN [280 CAL]

## TRY A CHEAPASS MEAL DEAL!

CHOOSE ONE:

68. CHASE OTTNEY

IS HELLA SEXY

TURKEY, PROVOLONE [250 CAL]

161. VEGNEWS

MUSHROOMS, PESTO,  
PROVOLONE [340 CAL]

PLUS A DRINK\* & BAG OF CHIPS FOR ONLY \$9.99!

## TRY OUR MAKE-IT-A-MEAL COMBO DEAL!

JUST GRAB A DRINK\* & BAG OF CHIPS  
WITH YOUR SANDWICH  
FOR ONLY \$2.92 MORE!

WANT EVEN MORE OPTIONS? BROWSE THE HUNDREDS  
OF IKE'S SANDWICHES @ [LOVEANDSANDWICHES.COM](http://LOVEANDSANDWICHES.COM)

SANDWICH CALORIE INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION  
PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE,  
BUT CALORIE NEEDS VARY. SERVING SIZE: ONE FULL SANDWICH

(\*DRINKS INCLUDE FOUNTAIN DRINK OR NON-CARBONATED BOTTLED WATER)