



MIKE'S LOVE & SANDWICHES

201 UNIVERSITY OAKS BLVD. STE 1340 ★ ROUND ROCK, TX 78665

512.502.5873 ★ LOVEANDSANDWICHES.COM

IKESROUNDROCK@LOVEANDSANDWICHES.COM

MEATS

- ♥ 1. **ELVIS KIETH** 8.95
HALAL CHICKEN, TERIYAKI, WASABI MAYO, SWISS (910 CAL)
- 2. **HOLLYWOULD'S SF CHEESESTEAK** 10.5
STEAK, GRILLED MUSHROOMS, PROVOLONE (280 CAL)
- 4. **LIZZY'S LIPS** 9.5
HALAL CHICKEN, ITALIAN DRESSING, PEPPER JACK (400 CAL)
- ♥ 6. **HOT MOMMA HUDA** 9.25
HALAL CHICKEN, BUFFALO-WING SAUCE, RANCH, PROVOLONE (520 CAL)
- 9. **[NAME OF THE GIRL I'M DATING]** 9.5
HALAL CHICKEN, HONEY MUSTARD, AVOCADO, PEPPER JACK (780 CAL)
- 17. **BOBCAT** 8.95
HALAL CHICKEN, BBQ SAUCE, CHEDDAR (590 CAL)
- ♥ 18. **MATT CAIN** 10.75
(*FANWICH AWARD: BEST SPORTS SANDWICH* -ESPN)
ROAST BEEF, SALAMI, TURKEY, GODFATHER SAUCE, PROVOLONE (350 CAL)
- 23. **MICHAEL JORDAN** 8.95
ALL BEEF MEATBALLS, MARINARA, PEPPER JACK (530 CAL)
- 30. **'SILICON VALLEY'** 9.5
(*BEST THING I EVER ATE* -DUFF GOLDMAN)
HALAL CHICKEN, MARINATED ARTICHOKE HEARTS, CREAMY CAESAR, PROVOLONE (580 CAL)
- 63. **'HELLA' FAT BASTARD** 10.75
HAM, BACON, MOZZARELLA STICKS, EXTRA DIRTY SAUCE, AMERICAN (630 CAL)
- 68. **CHASE OTTNEY IS HELLA SEXY** 8.95
TURKEY, PROVOLONE (250 CAL)
- ♥ 91. **PAUL REUBENS** 9.95
PASTRAMI, PURPLE SLAW, FRENCH DRESSING, SWISS (610 CAL)

- 98. **JAYMEE SIREWICH** 9.5
FRIED CHICKEN, IKE'S YELLOW BBQ SAUCE, RANCH, PEPPER JACK (1100 CAL)
- 111. **MENAGE A TROIS** 9.75
(*100 THINGS TO EAT BEFORE YOU DIE* -7X7)
HALAL CHICKEN, HONEY MUSTARD, BBQ SAUCE, HONEY, PEPPER JACK, SWISS, CHEDDAR (1060 CAL)
- ♥ 150. **DIRTY REUBEN** 10.25
ROAST BEEF, DIRTY DRESSING, PURPLE SLAW, AMERICAN (530 CAL)
- 157. **GREEN LANTERN** 9.75
STEAK, GREEN CHILES, GODFATHER SAUCE, PEPPER JACK (350 CAL)
- 201. **ADAM RICHMAN** 11.25
FRIED CHICKEN, HAM, PESTO, HONEY, AVOCADO, SWISS (1010 CAL)
- ♥ 240. **MADISON BUMGARNER** 10.75
(*WORLD FOOD CHAMPIONSHIPS, 2012)
STEAK, IKE'S YELLOW BBQ SAUCE, (LIGHT) HABANERO, PEPPER JACK, AMERICAN (400 CAL)
- 325. **AMUNA'S TUNA** 8.95
TUNA, IKE'S RED PESTO, GRILLED TOMATO, CHEDDAR (740 CAL)
- 390. **WONDER WOMAN** 9.75
FRIED CHICKEN, HONEY MUSTARD, PEPPER JACK (1060 CAL)
- 422. **MARSHAWN LYNCH** 11.5
FRIED CHICKEN, BACON, BBQ SAUCE, SRIRACHA, MUSTARD, CHEDDAR (1210 CAL)
- 481. **FRIDAY THE 13TH** 10.25
FRIED CHICKEN, MANGO HABANERO, RANCH, PEPPER JACK (1030 CAL)
- 563. **SAM BASS** 10.25
(*ROUND ROCK EXCLUSIVE)
CHICKEN FRIED STEAK, CREAMY HABANERO, AMERICAN (900 CAL)
- 714. **AARON NUNEZ** 9.25
TURKEY, BACON, GREEN CHILES, PEPPER JACK (390 CAL)
- 3030. **STEPH CURRY** 8.95
TURKEY, IKE'S YELLOW BBQ SAUCE, PROVOLONE (370 CAL)

VEGGIES

- ♥ 61. **SOMETIMES I'M A VEGETARIAN** 9.25
MARINATED ARTICHOKE HEARTS, MUSHROOMS, PESTO, PROVOLONE (350 CAL)
- ♥ 70. **MEATLESS MIKE** 8.95
(*BEST VEGAN MEATBALLS IN AMERICA* -PETA)
VEGAN MEATBALLS, MARINARA, PEPPER JACK (410 CAL)
- 71. **STEVE JOBS** 9.95
BREADED EGGPLANT, PESTO, RANCH, PROVOLONE (760 CAL)
- ♥ 162. **MAYA ANGELOU** 10.25
VEGAN STEAK, IKE'S YELLOW BBQ SAUCE, CHEDDAR (320 CAL)
- 170. **NOT SO SLOPPY IKE** 8.95
(*BEST VEGAN MEATBALLS IN AMERICA* -PETA)
VEGAN MEATBALLS, BBQ SAUCE, AMERICAN (620 CAL)
- ♥ 217. **JANIS JOPLIN** 8.95
VEGAN CHICKEN, BBQ SAUCE, CHEDDAR (590 CAL)
- ♥ 219. **POCAHONTAS** 10.25
VEGAN TURKEY, CRANBERRY, SRIRACHA, CHEDDAR (400 CAL)
- ♥ 235. **THE TIME TRAVELER'S WIFE** 9.25
VEGAN FRIED CHICKEN, ZESTY ORANGE GLAZE, PROVOLONE (500 CAL)
- ♥ 239. **SNEAKY KITTY** 8.95
VEGGIE BACON, AMERICAN (290 CAL)
- ♥ 246. **JAMES & THE GIANT PEACH** 8.95
VEGAN FRIED CHICKEN, IKE'S YELLOW BBQ SAUCE, CHEDDAR (470 CAL)
- ♥ 250. **PRISSY PRESLEY** 9.25
VEGGIE BACON, LETTUCE TOMATO, DIRTY DRESSING, PEPPER JACK (510 CAL)
- 261. **SHREK** 8.75
MUSHROOMS, PESTO, RANCH, PROVOLONE (540 CAL)
- 265. **READING RAINBOW** 8.95
AVOCADO, IKE'S RED PESTO, CHEDDAR (520 CAL)
- ♥ 291. **PEE WEE** 9.25
VEGAN TURKEY, PURPLE SLAW, FRENCH DRESSING, SWISS (530 CAL)
- ♥ 299. **MEL-LO KITTY** 10.25
VEGAN CHICKEN, ZESTY ORANGE GLAZE, PEPPER JACK, AVOCADO (660 CAL)
- ♥ 301. **HANDSOME OWL II.**
VEGAN CHICKEN, TERIYAKI, WASABI MAYO, SWISS (930 CAL)
- ♥ 315. **BONNIE-JILL** 9.25
VEGAN FRIED CHICKEN, MARINATED ARTICHOKE HEARTS, MARINARA (910 CAL)
- 450. **PUSS IN BOOTS** 8.95
VEGGIE BACON, GREEN CHILES, RANCH, CHEDDAR (XXX CAL)
- ♥ 658. **BARBETTE II.** (*ROUND ROCK EXCLUSIVE)
VEGAN FRIED CHICKEN, CREAMY HABANERO, SWISS (700 CAL)

♥ -IKE'S FAVORITES!
♥ -CAN BE MADE VEGAN!

TRY OUR MAKE-IT-A-MEAL COMBO DEAL!
JUST GRAB A DRINK* & A BAG OF CHIPS WITH YOUR SANDWICH
FOR ONLY \$3 MORE!

WANT EVEN MORE OPTIONS? BROWSE THE HUNDREDS OF IKE'S SANDWICHES @ LOVEANDSANDWICHES.COM

SANDWICH CALORIE INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. **SERVING SIZE: ONE FULL SANDWICH**

(*DRINKS INCLUDE FOUNTAIN DRINK OR NON-CARBONATED BOTTLED WATER)

DEAR ROUND ROCK,

I APPRECIATE YOU! I AM HAPPY TO BE BRINGING MY BEST STUFF TO YOU AND FOR YOU. 😊

THE SANDWICHES BELOW ARE SOME OF MY FAVORITE AT IKE'S. I ALSO ADDED A FEW EXCLUSIVES JUST FOR ROUND ROCK. IF YOU DON'T SEE YOUR FAVORITE, FEEL FREE TO ORDER IT ANYWAY! IF YOU'D LIKE TO SEE A LIST OF MORE IKE'S SANDWICHES, BROWSE THROUGH ALL THE LOCATIONS AT LOVEANDSANDWICHES.COM.

THANK YOU SO MUCH FOR YOUR PAST, PRESENT, & FUTURE SUPPORT—I TRULY APPRECIATE YOU! WITHOUT YOU, WE WOULD BE MAKING SANDWICHES FOR NO ONE, (LIKE I DID ON MY FIRST DAY AT IKE'S). LOVE & SANDWICHES, IKE

IKE'S LOVE & SANDWICHES

YOUR SANDWICH, JUST HOW YOU WANT IT!

BREADS

- IKE'S WORLD-FAMOUS DUTCH [460 CAL]
- FRENCH [460 CAL]
- SF SOURDOUGH [440 CAL]
- WHOLE WHEAT [410 CAL]
- GLUTEN-FREE [160 CAL]

FREEBIES

ALL SANDWICHES SERVED HOT UNLESS OTHERWISE SPECIFIED.

SERVED WITH:

DIRTY SAUCE [170 CAL], LETTUCE [1 CAL], TOMATO [12 CAL]

FREE UPON REQUEST:

RED ONIONS, PICKLES, BANANA PEPPERS, JALAPEÑOS [5-20 CAL]

ADD-ONS

MAKE IT A 1/2 LB OF MEAT: 2. (DELI MEAT SANDWICHES. EXCLUDES "CHALLENGE" SANDWICHES) [100-490 CAL]

SUBSTITUTE FRIED CHICKEN (FOR HALAL CHICKEN) [630 CAL]: 2.

- ★ AVOCADO: 2.5 [160 CAL]
- ★ BACON: 2.5 [135 CAL]
- ★ EXTRA CHEESE: 1.5 [120-180 CAL]
- ★ GRILLED MUSHROOMS: 2. [9 CAL]
- ★ ADD A SAUCE: 1. [60-480 CAL]
- ★ MOZZARELLA STICKS [140 CAL], STUFFED JALAPEÑO POPPERS [180 CAL]: 3.5
- ★ ZUCCHINI COINS [50 CAL], BEER-BATTERED ONION RINGS [90 CAL]: 3.

CHIPS & DRINKS

- ★ ZAPP'S POTATO CHIPS 2.
- ★ PREMIUM BOTTLED SODA 3.5
- ★ FOUNTAIN DRINKS 2.25
- ★ CAN OF SODA 2.5
- ★ BOTTLED WATER 2.5

DESSERTS

- ★ BROWN BUTTER & SEA SALT MARSHMALLOW BAR [250 CAL]
- ★ CHOCOLATE-CHUNK COOKIE [390 CAL]
- ★ PERUVIAN-CHOCOLATE BROWNIE [350 CAL]
- ★ SALTED-CARAMEL COOKIE [350 CAL]

2.95

IKE'S KID'S MENU \$5

CHICKEN STRIPS (3)
CHOICE OF: RANCH,
HONEY MUSTARD, OR BBQ

668. TURKEY, TURKEY
HAM OR TURKEY,
AMERICAN

304. CHESTER THE CHEETAH
GRILLED CHEESE
(CHOOSE UP TO 4 KINDS!!)

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