



MIKE'S LOVE & SANDWICHES

1028 CHORRO STREET ★ SAN LUIS OBISPO, CA 93401

805-439-0269 ★ LOVEANDSANDWICHES.COM

IKESSLO@LOVEANDSANDWICHES.COM

MEATS

♥ 1. ELVIS KIETH 8.98

HALAL CHICKEN, TERIYAKI,
WASABI MAYO, SWISS [910 CAL]

4. LIZZY'S LIPS 8.98

HALAL CHICKEN, ITALIAN DRESSING,
PEPPER JACK [400 CAL]

♥ 6. HOT MOMMA HUDA 9.99

HALAL CHICKEN, BUFFALO WING SAUCE,
RANCH, PROVOLONE [520 CAL]

17. MUSTANG 8.98

HALAL CHICKEN, BBQ, CHEDDAR [590 CAL]

♥ 18. MATT CAIN 11.11

("FANWICH AWARD:
BEST SPORTS SANDWICH" -ESPN)
ROAST BEEF, TURKEY, SALAMI,
GODFATHER SAUCE, PROVOLONE [350 CAL]

19. GOING HOME

FOR THANKSGIVING 9.99

TURKEY, CRANBERRY SAUCE, SRIRACHA,
CHEDDAR [420 CAL]

21. EYE OF THE TIGERS 8.98

HAM, BACON, AMERICAN [410 CAL]

23. MICHAEL JORDAN 9.99

ALL-BEEF MEATBALLS, MARINARA,
PEPPER JACK [530 CAL]

68. CHASE OTTNEY

IS HELLA SEXY 7.97

TURKEY, PROVOLONE [250 CAL]

♥ 91. PAUL RUEBENS 11.11

PASTRAMI, PURPLE SLAW,
FRENCH DRESSING, SWISS [1190 CAL]

98. JAYMEE SIREWICH 11.11

FRIED CHICKEN, IKE'S YELLOW BBQ,
RANCH, PEPPER JACK [1100 CAL]

111. MENAGE A TROIS 11.11

("100 THINGS TO EAT BEFORE YOU DIE"
-7X7 MAGAZINE)

HALAL CHICKEN, BBQ, HONEY MUSTARD,
REAL HONEY, PEPPER JACK, CHEDDAR,
SWISS [1060 CAL]

118. TONY SOPRANO 9.99

TURKEY, HAM, SALAMI, ITALIAN DRESSING,
PROVOLONE [370 CAL]

♥ 150. DIRTY RUEBEN 11.11

ROAST BEEF, DIRTY DRESSING,
PURPLE SLAW, AMERICAN [870 CAL]

192. THE LITTLE

MERMAID 8.98

HALAL CHICKEN, ZESTY ORANGE GLAZE,
PEPPER JACK [500 CAL]

♥ 240. MADISON

BUMGARNER 11.11

(WORLD FOOD CHAMPIONSHIPS, 2012)

STEAK, IKE'S YELLOW BBQ,
(LIGHT) HABANERO, PEPPER JACK,
AMERICAN [430 CAL]

325. AMUNA'S TUNA 9.99

TUNA, IKE'S RED PESTO, GRILLED
TOMATO, CHEDDAR [1200 CAL]

390. WONDER WOMAN 11.11

FRIED CHICKEN, HONEY MUSTARD,
PEPPER JACK [1060 CAL]

560. BUBBLEGUM ALLEY 11.11

(SLO EXCLUSIVE)
FRIED CHICKEN, ASIAN ZEST SAUCE,
PEPPER JACK [960 CAL]

3030. STEPH

CURRY ONE 8.98

TURKEY, IKE'S YELLOW BBQ, PROVOLONE
[370 CAL]

VEGGIES

🍌 61. SOMETIMES I'M A VEGETARIAN 11.11

MARINATED ARTICHOKE HEARTS, MUSHROOMS, PESTO,
PROVOLONE [350 CAL]

♥ 🍌 70. MEATLESS MIKE 11.11

("BEST VEGAN MEATBALLS IN AMERICA" -PETA)
VEGAN MEATBALLS, MARINARA, PEPPER JACK [410 CAL]

71. STEVE JOBS 11.11

BREADED EGGPLANT, PESTO, RANCH, PROVOLONE [760 CAL]

🍌 202. GRAMPS 9.99

VEGAN TURKEY, MUSHROOMS, PROVOLONE [230 CAL]

🍌 217. NATALIE WOOD 9.99

VEGAN CHICKEN, BBQ, CHEDDAR [590 CAL]

🍌 219. POCAHONTAS 9.99

VEGAN TURKEY, CRANBERRY, SRIRACHA, CHEDDAR [400 CAL]

🍌 235. THE TIME TRAVELER'S WIFE 9.99

VEGAN FRIED CHICKEN, ZESTY ORANGE GLAZE, PROVOLONE [500 CAL]

♥ 🍌 246. JAMES & THE GIANT PEACH 9.99

VEGAN FRIED CHICKEN, IKE'S YELLOW BBQ, CHEDDAR [470 CAL]

♥ 250. PRISSY PRESLEY 8.98

VEGGIE BACON, DIRTY DRESSING, PEPPER JACK [500 CAL]

261. SHREK 11.11

MUSHROOMS, PESTO, RANCH, PROVOLONE [540 CAL]

265. READING RAINBOW 9.99

AVOCADO, IKE'S RED PESTO, CHEDDAR [520 CAL]

♥ 🍌 301. HANDSOME OWL 11.11

VEGAN CHICKEN, TERIYAKI, WASABI MAYO, SWISS [930 CAL]

🍌 652. THANK YOU FOR NOT SMOKING 11.11

(SLO EXCLUSIVE)
VEGAN CHICKEN, ASIAN ZEST SAUCE, PEPPER JACK [500 CAL]

♥ -IKE'S FAVORITES!

🍌 -CAN BE MADE VEGAN!

TRY OUR MAKE-IT-A-MEAL COMBO DEAL!
JUST GRAB A DRINK* & BAG OF CHIPS WITH YOUR SANDWICH
FOR ONLY \$2.92 MORE!

WANT EVEN MORE OPTIONS? BROWSE THE HUNDREDS
OF IKE'S SANDWICHES @ LOVEANDSANDWICHES.COM

SANDWICH CALORIE INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION
PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE,
BUT CALORIE NEEDS VARY. SERVING SIZE: ONE FULL SANDWICH

(*DRINKS INCLUDE FOUNTAIN DRINK OR NON-CARBONATED BOTTLED WATER)